

Have you ever considered private health insurance?



Give you and your family access to medical treatment, when you need it.

If you think you can't afford private health insurance, then perhaps you haven't spoken to us lately.

Healthier Solutions, private health insurance from Aviva is designed to be flexible, with a range of options you can pick and choose from. That way you can create the cover that's right for you.



To see exactly how Healthier Solutions can work for you please get in touch:



Defaqto 5 Star Rating



Healthier Solutions provides one of the highest quality offerings on the market.

What does Healthier Solutions provide?

Choosing health insurance may seem complicated with so many options available, but here are some key benefits available with Healthier Solutions to help make your mind up.

■ Access to private medical treatment

at a range of NHS and private hospitals across the UK. This includes large hospital groups such as Nuffield, Spire and Circle.

■ Flexible cover with options to enhance or reduce your cover. Flexing your cover will affect the premium you pay.

■ Extensive cancer cover and support at every stage of your cancer journey.

From diagnosis to aftercare you're covered at every stage of treatment with our Cancer Pledge including money towards prostheses and a wig.

Cancer Care with Aviva Digital GP**

is there for you 24/7. From talking to a private GP about symptoms that could be linked to a possible cancer diagnosis, to getting swift, convenient, empathetic support for general medical concerns following a diagnosis or during and after treatment – it's there when you need it.

Careology** – available as part of an eligible cancer claim, the Careology app offers a simple way to record and manage information relating to your cancer care. Whether you want to make a note of your questions, thoughts, and feelings, receive reminders to take medication, or keep track of side effects and symptoms, it holds everything securely in one place - helping you feel a little more in control.

Cancer Care with Get Active* offers discounted products and services that can help support the daily living adjustments a cancer diagnosis and treatment can bring, as well as offers on services and experiences that may enhance quality time spent with family and close friends.

■ Discounts off your premium and wellbeing services.

A family discount - when taking out cover for yourself and your children, pay for your eldest child under 20 and all your younger children can be covered at no extra charge.

With **No claim discount** you could get cover with 69% no claim discount for your first year's premium if you take out a PMI policy with Full Medical Underwriting or New Moratorium underwriting terms, entering at NCD level 12. In 2022, 99.8% of new customers took out a policy at NCD level 12 or above.

MyHealthCounts helps manage your health with the potential to receive up to a 15% discount on your renewal premium. In 2022, 76% of customers that completed the MyHealthCounts online questionnaire in the required time period achieved the maximum level of benefit. Terms and conditions apply and can be found at myhealthcounts.aviva.co.uk

Get Active* helps you stay fit and healthy with discounts on online workouts, over 3,000 health and fitness clubs nationwide and a variety of discounted products and services to help you and your family get active and keep healthy.



■ Convenience and control over the support you need.

Even though you can call us, we appreciate that sometimes it may not be convenient. That's why we provide other ways for you to get in touch, whatever your queries may be.

Aviva Digital GP** speak to a private GP with your health concerns. Dependants under 16 can be added to adult member accounts.

Aviva Digital GP is provided by Square Health and is available to residents of Great Britain, Northern Ireland, the Channel Islands and the Isle of Man at home or abroad. Terms and conditions and the privacy policy can be viewed in-app before you sign up.

MyAviva Chat to our Online Assistant where you can get support 24/7. Available to download from the App Store or Google Play. Mobile data charges may apply.

■ Choice of how you look after your mental health.

Our lives are constantly evolving, and our mental wellbeing can change day-by-day, week-by-week. That's why it's so important that we understand how to take care of our mental health.

Stress Counselling helpline can be a good place for you to get help with personal or work-related stress issues. The service is available to members aged 16 or over.

Mental Health Guidance* a suite of videos and downloadable materials, all designed to give you the tools you need to cope with the everyday pressures of life – both inside and outside of work.

- * These services are non-contractual benefits Aviva can withdraw at any time.
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Remember, as with most health insurance products, Healthier Solutions is annually renewable and pre-existing conditions are excluded (unless we agree to cover them when underwriting your policy).

If you'd like to find out more read these useful documents and speak to your adviser.

Healthier Solutions brochure.

Terms and conditions.

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Aviva Health UK Limited acts as agent of Aviva Insurance Limited for the purposes of: (i) receiving premium from our clients; and (ii) receiving and holding claims money and premium refunds prior to transmission to our client making the claim or entitled to the premium refund.

aviva.co.uk/health

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